



# ENERGIZE

— Massage & Rossiter —

## Rossiter System Health History Addendum

Name : \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date : \_\_\_\_\_

How did you hear about Rossiter? \_\_\_\_\_

Do you currently receive other body work? Yes No

If Yes, list type: \_\_\_\_\_

Name and type of medical providers you are currently under the care of : \_\_\_\_\_

Are you currently under exercise or activity restrictions by your Dr.? Yes No

If Yes, explain restrictions: \_\_\_\_\_

Current activity level - Sedintary Stand most of the day Computer Work Variety of Activities  
Regular Exercise Regime Extremely Active/Athletic

Can you safely get up and down on the floor without assistance? Yes No.

Do you smoke? Yes No. How many a day: \_\_\_\_\_

List how many hours per night & what side of the body do you primarily sleep on? \_\_\_\_\_

Check (X) all current or past medical conditions.

Epilepsy Pace Maker Pregnant or may be pregnant Stroke

Dizziness/Vertigo High Blood Pressure Low Blood Pressure Scoliosis

Fibromyalgia Asthma PTSD Neuropathy

Neurological Disorder Rheumatoid Arthritis Autoimmune Disease (List): \_\_\_\_\_

Osteoarthritis Varicose Veins Artificial Joints (List): \_\_\_\_\_

Blood Clots Heart Problems Postural Deformities (List): \_\_\_\_\_

Breast Implants Thyroid Disease Steroid Inhalers

Neurological Disorder (list) \_\_\_\_\_ Diabetes-how long? \_\_\_\_\_

Insulin injection Osteoporosis (List meds): \_\_\_\_\_

Drug patches (List Kind/Location) : \_\_\_\_\_ How long had it? \_\_\_\_\_

Surgery in last 6 months? (List) \_\_\_\_\_

Back surgery or injections to back-ever? (List) \_\_\_\_\_

Cortisone Injections EVER? List body part and when? \_\_\_\_\_

Do you have any pins, plates, screws or schrapnel in your? (List Specifically) \_\_\_\_\_

Do you currently have any rashes, open sores, shingles, skin eruptions? (List) \_\_\_\_\_

Any other medical problems/diagnosis not listed above? (List) \_\_\_\_\_

Muscle relaxers or pain medications you take on a regular basis-even over-the-counter. List when your last dose was. \_\_\_\_\_

Other medications-prescribed or otherwise \_\_\_\_\_

Have you ever taken Quinolone, Levaquin, Cipro? List : \_\_\_\_\_

Recent Injury. (List): \_\_\_\_\_ Cancer. List: \_\_\_\_\_

- Stress Level at Home + - Stress Level at Work +  
1 2 3 4 5 6 7 8 9 10 | 1 2 3 4 5 6 7 8 9 10

By signing this form, I confirm I have read & fully understand all the contents and I have answered every question completely and accurately. If I have any changes in medical history, I will inform my Rossiter Coach prior to next Rossiter session.

Signature : \_\_\_\_\_ Date : \_\_\_\_\_